

DR. GINALYNN GARCES, PH.D.

Registered Psychological Associate

RPA # 94027870

www.mindfulneuron.org

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PROFESSIONAL SUMMARY

Clinical psychology postdoctoral intern with supervised experience in individual and group psychotherapy, case management, and psychoeducation. Skilled in administering and assisting with psychological and educational assessments, including scoring, interpretation, and report preparation. Experienced in supporting clients through life transitions, providing guidance in career decision-making, and personal development. Proficient in online teaching and course development, integrating evidence-based strategies to enhance student engagement and critical thinking. Dedicated to ethical, culturally responsive, and evidence-based clinical practice.

EDUCATION

Doctor of Clinical Psychology (Ph.D.), (2025)

Walden University

Master of Science Healthcare Administration, (2013)

Grand Canyon University – Phoenix, Arizona

Bachelor of Arts, Psychology (2011)

Hawaii Pacific University – Honolulu, Hawaii

MILESTONES

Successful Completion of Neuropsychology Internship
Completed Dissertation Requirement for Ph.D. Clinical Psychology Program
Designed Course Revisions for Intro to Psychology and Abnormal Psychology
Created Coping Skills Curriculum for Late Adults in a Nursing Home Setting
Created a Parenting Manual for Group Facilitation & Social Skills Curriculum

SUPERVISED PROFESSIONAL EXPERIENCE

August 2025- Current

Pacific Integrative Therapy, San Diego, CA.

Postdoctoral Intern of Clinical Psychology, Supervised by Dr. Hedieh Azadmehr

Postdoctoral Internship Hours: In Progress

- Cognitive Behavioral Therapy (CBT) interventions (cognitive restructuring, behavioral activation, exposure techniques)
- Somatic therapy techniques (mind–body integration, grounding, body awareness)
- Individual counseling for diverse populations across the lifespan
- Case conceptualization and treatment planning

June 2025 - Current

Mindful Neuron Center, Murrieta, CA.

Postdoctoral Intern of Clinical Psychology, Supervised by Dr. Heather Alvarado

Internship Hours: In Progress

- Administer, score, and interpret standardized psychological, educational, and neuropsychological tests.

- Conduct comprehensive psycho-educational assessments for learning disorders, ADHD, and academic accommodations.
- Perform psychological evaluations assessing cognitive domains including attention, memory, executive functioning, processing speed, and language.
- Integrate cognitive, academic, emotional, and behavioral data to develop differential diagnoses.

January 2024 - May 2025

Mindful Neuron Center, Murrieta, CA.

Doctoral Intern of Clinical Psychology, Supervised by Dr. Heather Alvarado

Internship Hours: 2068 Hours

- Conducted individual psychotherapy with children, adolescents, and adults under supervision using evidence-based interventions.
- Administered and scored psycho-educational and psychological assessments; assisted with interpretation and report preparation.
- Facilitated support groups and developed age-appropriate therapeutic activities and interventions.
- Participated in treatment planning, documentation, and case presentations as part of a multidisciplinary team.
- Collaborated with schools, social service agencies, and community mental health providers to support client needs.
- Assisted in crisis intervention and maintained adherence to ethical and confidentiality standards.
- Conducted comprehensive neurocognitive assessments for geriatric residents in a nursing facility.
- Provided individual psychotherapy to residents experiencing mood and cognitive disorders.

January 2022 – November 2023

Neuro-Educational Clinic – Riverside, CA

Ph.D. Practicum Student, Supervised by Dr. Veronica I. Olvera & Dr. Heather Alvarado

Practicum Hours: 796 Hours

- Observed and assisted in individual psychotherapy sessions with children, adolescents, and adults under supervision.
- Assisted in administering, scoring, and interpreting psycho-educational and psychological assessments.
- Supported group therapy sessions and contributed to development of age-appropriate therapeutic activities.
- Observed treatment planning and assisted with documentation and case presentations.
- Collaborated with supervisors and multidisciplinary teams to support client care.
- Maintained confidentiality while assisting with crisis intervention and clinical documentation

June 2022 – December 2023

Rich & Associates – Westwood, CA

Behavioral Interventionist, Practicum Student, Supervised by Dr. Erika Rich & Dr. Seth Shaffer

Practicum Hours: 584 Hours, 20 Mins

- Lead small case load of groups of kids ages 5-15 to various activities set up.
- Supervised children alongside with staff counselors.
- Observed children to proactively identify issues with emotional and behavioral management.
- Set goals such as behavioral plan for assigned group members.
- Worked on target behavioral concerns and practiced intervention skills for each child during social interactions.
- Observed each child's social interactions to identify positive behaviors and redirected as needed.
- Summary of behavioral goal reported to supervising Psychologist each week, along with daily intervention training and support.
- Behavioral intervention and direct support for clients.

WORK EXPERIENCE

Sept 2022 - May 2023

Autism Related Therapy – Rancho Cucamonga, CA

Behavioral Interventionist

- Facilitated behavioral instruction of intervention plans under the supervision of a BCBA, focusing on specific target behaviors as outlined in the treatment plan.
- Provided support in areas of academics, social and non-instructional activities.
- Collected detailed behavioral data using standardized protocols and maintained accurate records of client progress.
- Provided consistent positive reinforcement to encourage desired behaviors and promote skill acquisition.
- Actively participated in team meetings to discuss client progress and treatment adjustments.

April 2021 – August 2022

Education Center/Fort Irwin, CA.

Career Skills Program Administrator

“Program Development, Management of Career Events, Counseling and Career Coaching.”

- Managed and oversaw the Career Skills Program for transitioning service members.
- Developed program materials and resources to support participant success.
- Organized and facilitated workshops, training sessions, and career readiness events.
- Tracked participant progress, collected feedback, and implemented improvements to enhance program outcomes.
- Built and maintained relationships with local businesses to identify and secure employment opportunities.
- Served as the primary point of contact for participants, providing individualized career guidance and support.

Sept 2017 – Dec 2018

Seattle Children’s Hospital/Clinic, Federal Way, WA.

Volunteer

"Lesson Planning, Activity Facilitation, Play Group Management"

- Assisted with staff member with monitoring children in playroom, and maintained track records for parents signed in.
- Maintained an atmosphere of safety and healing.
- Provided activities for children during clinic visits.
- Oversaw the upkeep for playroom, ensuring ongoing cleanliness and organization (Stocking supplies, safety, toy washing, etc.)
- Help children and parents feel comfortable while waiting by encouraging them to join in play, especially expressive activities.
- To educate the parents/families and answer questions about the South Clinic Playroom.

March 2011 – June 2015

Community Assistance, Honolulu, HI.

Facilitator/Co-Therapist

"Mentoring, Case Management"

- Assisted in psychosocial assessments to identify triggers and inform individualized treatment planning.
- Supported case management by establishing therapy goals, monitoring progress, and documenting outcomes.
- Co-facilitated therapy groups, including psychoeducation and cognitive restructuring interventions.
- Collaborated with multidisciplinary teams (physicians, nurses, social workers) to coordinate patient care.

- Provided one-on-one support to clients with diverse mental health and medical conditions while maintaining confidentiality.
 - Planned and implemented resources to promote recovery, coping, and psychological well-being.
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TEACHING EXPERIENCE

August 2024 - Current

Mt. San Jacinto College, Menifee, CA

Volunteer Teaching Assistant – “Lesson Planning, Curriculum Development, Student Support, Assessment of Students’ Learning”

- Designed and delivered undergraduate psychology courses in online and hybrid formats, incorporating evidence-based and student-centered learning strategies.
 - Developed course content and activities aligned with current research, fostering critical thinking, engagement, and experiential learning.
 - Utilized learning management systems (Blackboard, Canvas) and digital tools to enhance instruction and interaction.
 - Identified barriers to student success and implemented support strategies to improve learning outcomes.
 - Facilitated discussions, group projects, and presentations promoting collaboration and mental health awareness.
 - Provided mentorship, timely feedback, and academic guidance to support student achievement and professional growth.
 - Facilitate group projects and presentations associated with mental health awareness.
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TRAINING & CERTIFICATIONS

Parent Child Interaction Therapy

Promoting Racial Healing in Academic Settings

Meeting Kids in the Moment: Responsive Group CBT in School Settings

Developmental Indicators of Learning and Behavior Problems: Special Considerations

Integrating the WJ V into A Comprehensive Dyslexia Evaluation

Report Writing When Using PSW to Identify Dyslexia

Empirically Supported Methods for Autism Screening and Diagnosis in Young Children

Appropriate Use of Standardized Instruments in Assessment and Differential Diagnosis of Autism Spectrum Disorder

The IEP Report Card: How is Your Team Doing?

California Workers' Compensation Medical Legal Report Writing

PUBLICATIONS

Garces, G. (2025). Predictors of Older Adults’ Confidence in Avoiding Drug Interactions Dissertation

PROFESSIONAL PRESENTATIONS

- Garces, G. (May, 2025). Mt. San Jacinto College Guided Mental Health Workshops
 - Gratitude Exercises for Students
 - The Importance of Sleep Hygiene
 - Mindfulness Skills for College Students
 - Breathing Techniques
 - Let’s Get Focused With Progressive Muscle Relaxation
- Garces, G. (November, 2024). "Medication non-compliance in Older Adults."

- Garces, G. Alvarado, H.A. (October, 2024). The Power of Building Habits. Mt. San Jacinto College, Menifee, CA. Virtual.
- Garces, G. (November, 2024). "Predictors of Older Adults Confidence in Avoiding Drug Interactions."
- Garces, G., Rich & Associates. (November, 2023). "Sportsmanship." Los Angeles, CA. Virtual.
- Alvarado, H.A. Garces, G. (December, 2023). Coping Skills, Breathing Techniques, and More. Mt. San Jacinto College, Menifee, CA. Virtual.
- Alvarado, H.A. Garces, G. (November, 2023). Imposter Syndrome in Higher Level Education. Mt. San Jacinto College, Menifee, CA. Virtual.
- Garces, G. (January, 2022). "Army Career Skills Program Overview."